



# Colonial Heights Public Schools

SCHOOL ADMINISTRATION OFFICES  
512 Boulevard, Colonial Heights, VA 23834  
(804) 524-3400 \* Fax Number (804) 526-4524  
www.colonialhts.net

**SCHOOL BOARD**  
Steven Neece, Chair  
Angela K. Woody, Vice-Chair  
Keith Kapinskis  
Lisa Kochuba  
Lia Tremblay  
Stephanie Kern, Clerk

Haidee S. Ratliff  
Superintendent

## Family Life Education Opt-Out Statement 2023-2024

Along with families and religious institutions, schools provide age appropriate instruction for lifetime wellness for responsible behavior. As part of a comprehensive health education curriculum designed to achieve health literacy, Colonial Heights Public Schools emphasizes the attitudes, values, and skills necessary in making sound decisions.

The decision to include a student in the family life portion of the Health curriculum is left to the parent or guardian. The Family Life objectives are detailed at <https://tinyurl.com/CHPS-FLE>, along with clarifying statement(s) for each objective. Parents and guardians also have the right to review the family life education program offered by their school division, including written and audio-visual educational materials used in the program. Please submit these requests to your child's home school.

Students will be separated by gender, for instruction related to these specific objectives. If a student is opted out of family life, an alternative instructional program will be provided.

**Do not complete this form if your child will attend family life.** This form only needs to be completed if you wish to exclude your child from family life education.

If you wish to exclude your child from family life education, please indicate by signing below and by returning the form to your child's teacher.

---

I wish to exclude \_\_\_\_\_  
Student's Full Name

from Family Life Education for the 2023-2024 school year.

School \_\_\_\_\_ Grade \_\_\_\_\_

Teacher \_\_\_\_\_

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_